

Grand Days Out on the Settle - Carlisle Line

Langwathby



The Eden Benchmark 'South Rising' Sculpture

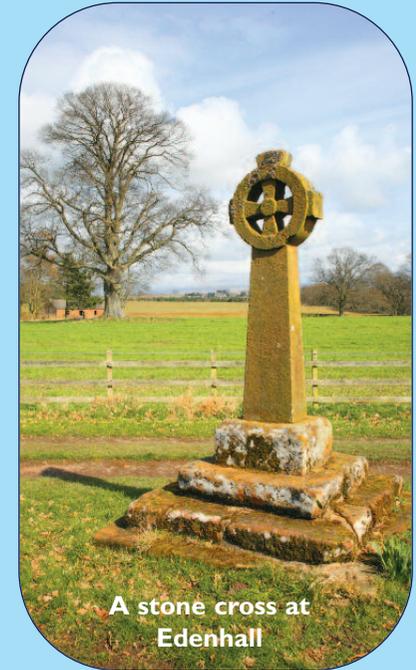
Langwathby is a pretty rural village of pink stone cottages surrounding a large village green.

In May the local children still dance around a floral decorated maypole, echoing the traditional celebration of the Goddess of flowers.

The church takes its name from St Cuthbert. The Saint's body rested at the church during a seven year journey taken by Anglican Monks, as they fled the Viking raids in Northumbria.

Spanning several centuries, the church has a surviving Norman window, a Medieval font and a series of defensive machicolation type holes around the tower.

The River Eden flows close to the village and floods in the 1960s washed away the old sandstone bridge to the south. The bridge was replaced by what is now the longest 'temporary' bridge in the county.



A stone cross at Edenhall



Grand Days out Langwathby

A stroll from Langwathby
Distance: 3m

A stroll from Langwathby Station alongside the River Eden, visiting a pre-Norman church.
Distance: 3m Allow: 2hrs Paths can be muddy, wear suitable footwear and take warm clothing and a waterproof.

1. From the station walk to the main road and turn left to walk down into Langwathby Village, follow the road signs for Penrith. ! Take care along the road (A686)
2. Walk right through the village on the main road and over the river bridge.
3. Turn left and take the footpath along the river bank, walking upstream. Ignore the right fork signposted Edenhall and continue along the riverbank to a kissing gate.
4. Go through the kissing gate and follow the footpath uphill through a wooded area to reach the Eden Benchmark sculpture 'South Rising'. This sculpture by Vivien Monsdell, is one of 10 along the River Eden commissioned to celebrate the Millennium. All the sculptures function as seats.
5. Continue to a second kissing gate and turn sharp right to reach a tarmac lane by a stone cross, believed to date from the time of the Black Death (1347 - 1361).
6. To continue the walk, turn right and pass houses to a T junction next to a war memorial. A short diversion however, is to first turn left at the stone cross and visit St Cuthbert's Church. Parts of the church are pre-Norman and believed to belong to an earlier Anglo Saxon building. From the church return along the lane to the war memorial.
7. At the war memorial turn right and walk past the Edenhall Hotel. At the far end of the small green to your right, turn right across the road in front of the red brick house with a cross engraved in its gable wall. Follow the footpath back to the riverbank.
8. At the river bank turn left and retrace your steps back to the river bridge and along the road through Langwathby back to the station.

For a more detailed map see: Outdoor Leisure map OL 5 (The English Lakes North Eastern area)

This walk is one of a series of *Days Out* for the Settle - Carlisle Line. Produced by the Settle - Carlisle Railway Development Company. For more information and rail timetables visit our website at www.settle-carlisle.co.uk



Long Meg and some of her daughters

Langwathby Station

Stoney Bank/A686, Langwathby, Cumbria, CA10 1NZ

No toilets, but two modern waiting rooms with heating and lighting. Both platforms have level access but the pathway to the Leeds platform or waiting room is steep for wheelchair access. Langwathby Station Cafe opens for food themed nights and pre-booked events.

There is a car park on the Carlisle side, please note it is not owned by the Railway.

Northern 0800 200 6060

www.journeycheck.com/northernrail/

For more information about the line www.settle-carlisle.co.uk

and Facebook www.facebook.com/setcarrailway

For more walks see www.foscl.org.uk/guided-walks

The Settle & Carlisle Railway Trust has three holiday cottages, two within the main station building at Kirkby Stephen and also the Station Master's House at Ribbleshead, for details call Rachel on 01768 800 208 or visit: www.sandctrust.org.uk/stayatastation

Supported by the Settle-Carlisle Railway Development Company
and Friends of the Settle - Carlisle Line

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Things to see and do

Langwathby Strolls

Not far from Langwathby, and just 2 miles away down a quiet county road is the small village of Little Salkeld. As you near the village you will come across a pretty working watermill. **Little Salkeld Watermill** grinds beautiful organic flours, takes tasty cakes and breads, all of which can be purchased on site. If milling when you visit, you can see the mill in action. They also have a cosy cafe, open 10.30am - 4pm every day except Wednesdays. www.organicmill.co.uk

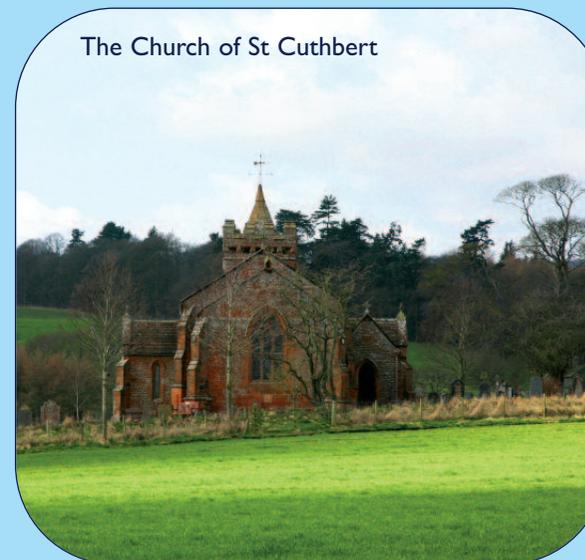
Just a short walk (10 Minutes) from the Watermill is the Bronze age stone circle - **Long Meg** and her daughters. The 3rd largest stone circle in England, it consists of a huge ring of over 60 stones (the daughters), with a diameter of around 350 feet. Just to one side of the ring stands the tall and impressive Long Meg herself, 12^{ft} of purposely placed sandstone. The site is thought to date to 1500BC.

Langwathby Village

A few hundred yards from the station is the pretty and spacious Village Green where you will find the **Shepherds Inn**. They serve good food and good local beers. Open daily from 11.30. Visit www.shepherds-inn.co.uk

Across the Green from the pub there is a small but well stocked village shop.

There are no public toilets in the village.



The Church of St Cuthbert



The Shepherd's Inn